

## Barley lettuce wraps



1 cup steamed barley  
1 cup chevre or cream cheese  
1 apple, chopped finely, skin on  
 $\frac{1}{4}$  cup chopped pecans  
 $\frac{1}{4}$  cup dried cherries

1 head lettuce  
 $\frac{1}{2}$  fresh red bell pepper  
Fresh mint leaves

1 tsp cinnamon  
1 tsp nutmeg  
1 tsp pimento (Spanish smoked paprika)  
Salt and pepper to taste

Wash lettuce, separate leaves, and air dry. Choose a lettuce with small leaves with firm bases, or be prepared to slice large leaves in half.

Slice red pepper into thin strips.

Slice mint leaves parallel to central rib and discard rib.

Mix barley, apple, pecans, and cherries with cheese and spoon the mixture on to the lettuce leaves

Garnish each leaf with thin strips of red pepper and mint

Serve cold