Barley Muffins

Ingredients:
1 c. wheat flour
1 c. barley flour
3 tsp. baking powder
½ tsp. salt
½ c. sugar
1 egg
1 c. milk
¼ c. oil

Add-ins:
Nuts: hazelnuts, almonds, walnuts (about 2/3 c.)
Berries: dried cranberries, blueberries (dried or fresh), currents (about 2/3 c.)
Chocolate chips (about 2/3 c.)

Bake for 20-25 min. at 375°F